

KARORI LIBRARY

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Pregnancy and childbirth

First-time parents: What every new parent needs to know (revised ed) (Dr Miriam Stoppard, 2006) (1 copy)

Going it alone: The single woman's guide to pregnancy and birth (Natascha Miroshch & Geraldine Johns, 2003)

Sit up & take notice (Pauline Scott, 2003) (1 copy)

The pilates pregnancy (Mari Winsor & Mark Laska, 2002)

New Zealand pregnancy book (Sue Pullon, 1999) (2 copies)

Up the duff (Kaz Cooke, 1999) (1 copy)

Birthing from within (Pam England & Rob Horowitz, 1998) (1 copy)

Understanding and teaching optimal foetal positioning (Pauline Scott, 1996) (1 copy)

Childbirth as it really is: New Zealand mothers tell their stories (Sandra Grayson, 1995)

Pregnancy & childbirth (Sheila Kitzinger, 1989) (1989)

Pregnancy & birth book (Miriam Stoppard, 1985) (1 copy)

First year of parenting

Your baby and child (Penelope Leach, 2003) (1 copy)

Babies! A parent's guide to surviving (and enjoying) baby's first year (Dr Christopher Green, 2001) (1 copy)

Secrets of the baby whisperer (Tracey Hogg & Melinda Blau, 2001) (1 copy)

Babies! A parent's guide to surviving (and enjoying) baby's first year (Simon & Schuster, 1996)

Babycare for beginners (Dr France Williams, 1996) (1 copy)

The tenth month: the first month with your baby (Lynne Haslett & Lyn Eder, 1990) (1 copy)

Beyond the first year of parenting

They look so lovely when they're asleep: advice and anecdotes for practicing parents (Diane Levy, 2004) (1 copy)

Parent Craft: Essential skills for raising children from infancy to adulthood (Ken & Elizabeth Mellor, 1999) (1 copy)

Dads

The guy's guide to surviving pregnancy and childbirth (Michael Crider, 2005) (1 copy)

Keys to becoming a father (William Sears, 1991) (1 copy)

Feeding

Fresh Milk – the secret life of breast (Fiona Giles, 2003) (1 copy)

Baby food and beyond (Simon & Alison Holst, 2000) (1 copy)

Bestfeeding. How to breastfeed your baby (3rd ed) (Mary Renfrew, Chloe Fisher, Suzanne Arms, 2004) (1 copy)

Bestfeeding. Getting breastfeeding right for you: the illustrated guide (Mary Renfrew, 2000) (9 copies)

Bottle feeding without feeling guilty (Judith Fox, 1990) (1 copy)

Women's health

Beyond the baby blues: Overcoming postnatal distress in New Zealand (Arlene Gross, 1998) (1 copy)

DVDs

Active movement for under fives (series two) (SPARC, 2007)

Active movement for under fives (series one) (SPARC, 2006)

Videos

Alcohol and pregnancy (ALAC, 1996)

A parent's guide to infant massage: the importance of touch (Johnson & Johnson)